

## 3K Trail Results

<b>Pos</b>	<b>Time</b>	<b>Bib</b>	<b>Forename</b>	<b>Surname</b>	<b>Gender</b>
1	16:01	2122	Scott	Price	M
2	16:07	2174	Tiegan	Ward	M
3	16:10	2005	Steffan	Bridger	M
4	16:57	2166	Izzy	Babij	F
5	17:30	2120	Harvey	Perkins	M
6	17:36	2057	Jude	Horton	M
7	17:44	2103	Joseph	Murphy	M
8	18:05	2089	Mirain	Lloyd	F
9	18:12	2104	Peter	Murphy	M
10	18:25	2105	Sarah	Murphy	F
11	18:39	2171	Heidi	King	F
12	19:13	2081	Benjamin	Kriel	M
13	20:23	2049	Llewelyn	Gwynne	M
14	20:23	2167	Raphael	Rosin	F
15	20:24	2130	Zak	Rosin	M
16	20:38	2126	Daniel	Rogers	M
17	20:54	2168	Rosie	Evans	F
18	21:10	2040	Poppy	Faucher-Styles	F
19	21:12	2098	Livia	Morton-Smith	F
20	21:21	2132	Penny Bride To Be	Sellers	F
21	21:22	2063	Ben	Howe	M
22	21:31	2117	Rhys	Parry	M
23	21:34	2002	Rachel	Ashwell	F
24	21:56	2165	Katie	Windham	F
25	21:57	2142	Sally	Styles	F
26	21:58	2092	Sarah	Mason	F
27	21:58	2013	Hannah	Collins	F
28	22:06	2099	James	Morton-Smith	M
29	22:06	2137	Jason	Smith	M
30	22:07	2143	Rowan	Taylor	M
31	22:08	2073	Nick	Jones	M
32	22:08	2074	Ewan	Jones	M

## 3K Trail Results

33	22:09	2116	Emma	Padmore	F
34	22:58	2097	Kath	Morton-Smith	F
35	23:00	2159	Jac	Watkins	M
36	23:23	2066	Edward	Jeynes	M
37	23:24	2113	Hollie	Owen	F
38	23:25	2067	Chris	Jeynes	M
39	23:30	2134	Joseph	Seymour	M
40	23:31	2136	Christian	Seymour	M
41	23:47	2047	Sion	Gwynne	M
42	23:48	2048	Helen	Gwynne	F
43	23:48	2164	Megan	Williams	F
44	24:08	2010	Paula	Burrows	F
45	24:17	2004	Lloyd	Black	M
46	24:17	2003	Andy	Black	M
47	24:21	2163	Christine	Williams	F
48	24:23	2172	Rose	King	F
49	24:23	2169	Emma	Evans	F
50	24:23	2173	Joe	King	M
51	24:25	2170	Ollie	King	M
52	24:28	2023	Matthew	Davies	M
53	24:44	2062	Catherine	Howe	F
54	24:55	2124	Abigail	Price	F
55	24:56	2064	Andrea	Hughson	F
56	25:31	2039	Clare	Evans	F
57	25:38	2129	Ruth	Rogers	F
58	25:57	2127	Oliver	Rogers	M
59	25:58	2061	Tomos	How	M
60	26:00	2175	Andrew	How	M
61	26:01	2125	Zoe	Richmond	F
62	26:01	2096	Colette	Mitha	F
63	26:03	2140	Naomi	Stephenson	F
64	26:03	2001	Katie	Armson	F
65	26:06	2115	Aimee	Owen	F

## 3K Trail Results

66	26:27	2157	Will	Watkins	M
67	26:30	2022	Daniel	Davies	M
68	26:33	2158	Bethan	Watkins	F
69	26:36	2027	Amelia	Driver	F
70	26:37	2031	Taya	Driver	F
71	26:37	2144	Samuel	Taylor	M
72	26:37	2145	Giles	Taylor	M
73	26:38	2114	Katie	Owen	F
74	26:40	2019	Sarah	Cook	F
75	26:41	2018	Frances	Cook	F
76	26:59	2015	Rhys	Constance	M
77	27:00	2016	Evan	Constance	M
78	27:02	2149	Lewis	Tonks	M
79	27:03	2101	Lauren	Muirhead	F
80	27:11	2014	Jayne	Constance	F
81	27:12	2017	Jem	Constance	M
82	27:43	2151	Jemma	Turley	F
83	27:44	2146	Paula	Tonks	F
84	27:46	2119	Mia	Perkins	F
85	27:52	2080	Janelle	Jozefiak	F
86	28:04	2007	Jason	Bromfield	M
87	28:05	2006	Keira	Bromfield	F
88	28:44	2008	Aron	Bromfield	M
89	28:44	2045	Lucinda	Georgiou	F
90	28:45	2118	David	Perkins	M
91	28:46	2102	Ryan	Muirhead	M
92	28:56	2012	Kim	Chesher	F
93	28:58	2060	Anwen	How	F
94	28:58	2059	Donna	How	F
95	29:25	2026	Lorna	Delhaze	F
96	29:25	2025	Xavier-Noel	Delhaze	M
97		2150	Declan	Tonks	M
98		2126	Daniel	Rogers	M

## 3K Trail Results

99		2026	Lorna	Delhaze	F
100		2029	Justin	Driver	M
101		2030	Charlie	Driver	M
102		2147	Robbie	Tonks	M
103	37:00	2148	John	Tonks	M
104	37:00	2135	Susan	Seymour	F
105	37:00	2133	Samuel	Seymour	M